

Dickinson County Courthouse Newsletter

December 15, 2015



Let's get to know those that work in the Courthouse!

The November Newsletter featured the picture of the little girl to the left. Did you guess **Roxy Reekers?**

The following is a little personal information provided by Roxy:

Start working at Dickinson County: July 2004

Where born: Sibley, Iowa

Places Lived: Sibley, Harris, Rock Rapids, Sheldon, Sioux City, Kingsley, Atlantic, Hull, Orange City, Milford, Arnolds Park, and Lake Park, Iowa

Hobbies, talents, special interests: Collecting dolls, angels and candles.

Favorite Travel Spots: Orlando, Florida area and any town that has a Kohls Store.

Favorite Food: Pasta

Least Favorite Food: Liver!

If I were stuck on an island, I would bring (3 things): My very best friend, Clark, radio and a big 3-wick candle.

Something Few Know about me: I have lived in 23 houses and I have been in Lake Park for 20 years.

Favorite thing to do in Dickinson County: Boating, concerts at the park and having family come to enjoy it also.

Favorite Recipe:

Pie Crust

2 c. flour
2/3 c. oil
1/4 c. milk
salt

Mix oil and milk together, add to flour and salt mixture. Mix well. Divide the dough in half. Roll between 2 pieces of waxed paper. Wet the surface so the waxed paper doesn't move while rolling out the dough. Sprinkle dough with sugar before baking....I double the recipe for a 2 crust pie.

Roxy's Favorite Motivational Quote: -

Sometimes, it's not the pain that makes you suffer, it's your own negative thoughts that make things seem worse.

- Author unknown

2015 Wellness Information:

Thank you to the Wellness Committee for all its hard work during the 2015 ISAC wellness program - your hard work has paid off!

All that the Committee did has made it a success for Dickinson County.

Also thank you to all of you who participated in the Wellness programs over the past months!

Below are Dickinson County’s final participation numbers:

- Wellness Assessment Completions: 73
- Preventive Exam Completions: 48 - This reflects self-reported through the wellness center reward portal

Total number of activities completed (both received and uploaded): 335 (4.04 average points per employee)

- These are the number of total activities (including TAVi, Live Healthy, Wellness Assessment, etc.) that all participants completed and was submitted by the Dickinson County wellness committee.

This number is used to figure your county level participation.

On Average:

- 2 points per employee - 2% reduction
- 2.5 points per employee - 3% reduction
- 3 points per employee - 4% reduction
- 3.5 points per employee - 5% reduction

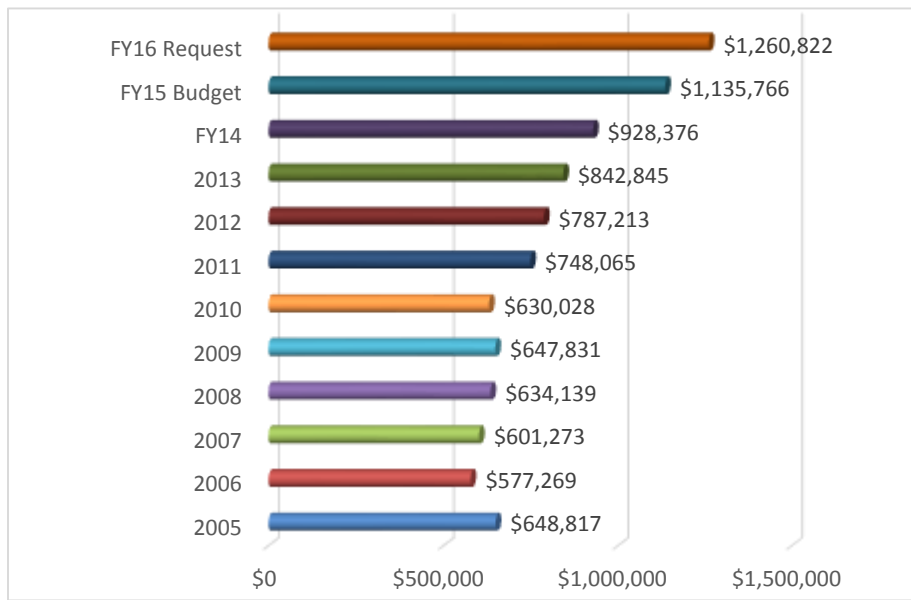
CONGRATULATIONS!!!! Dickinson County’s premium incentive percentage for 2015 is 5%

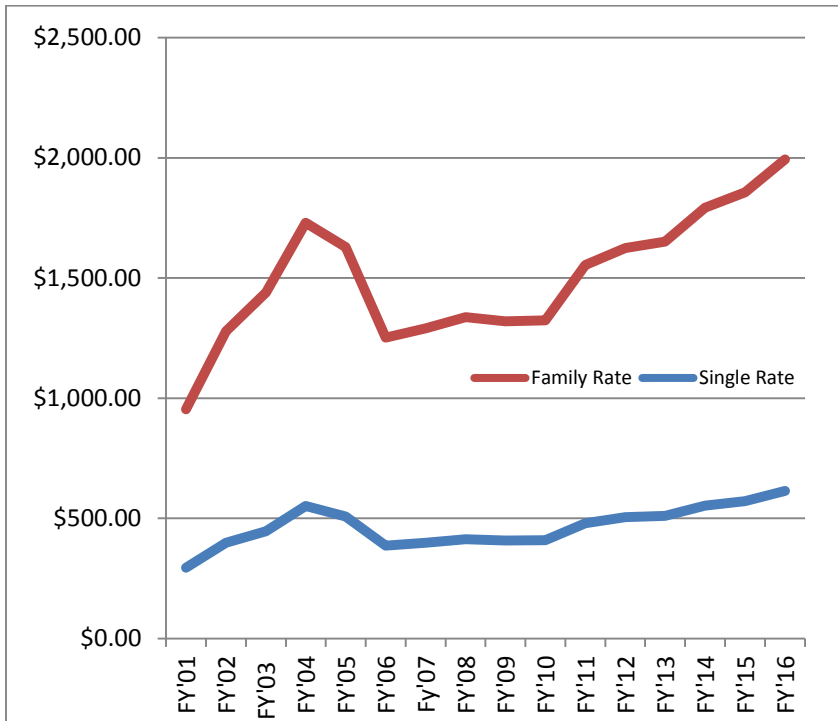
The County will receive its premium rates very soon and the results of this 5% will be reported in the January newsletter.

Dickinson County Health Insurance: October’s newsletter contained information about the CADILLAC TAX and how Dickinson County is currently estimated to have to pay the fine in 2018. There is much more to learn about the tax and how it might affect the County and deadlines are drawing near. This article will show the amount of money spent on health insurance by the County and the premium rates as they have grown over the years

The chart below is a part of the Dickinson County budget presentation every year. It shows the costs to the taxpayers for group health and dental insurance. You can see that the costs over the last 10 years have doubled, going from \$601,273 to \$1,260,822 budgeted for FY’16.

	Single Rate	Family Rate
FY’01	\$294.00	\$660.00
FY’02	\$398.00	\$880.00
FY’03	\$447.00	\$993.00
FY’04	\$551.00	\$1,179.00
FY’05	\$508.00	\$1,121.00
FY’06	\$386.00	\$865.45
Fy’07	\$398.00	\$892.00
FY’08	\$413.00	\$924.00
FY’09	\$408.00	\$912.00
FY’10	\$409.00	\$915.00
FY’11	\$480.00	\$1,074.00
FY’12	\$505.00	\$1,120.00
FY’13	\$510.00	\$1,141.00
FY’14	\$553.00	\$1,239.00
FY’15	\$571.00	\$1,285.00
FY’16	\$614.00	\$1,379.00





Both the family monthly rate and the single monthly rate have increased significantly over the years. In the last 10 years the single premium rate has increased 54.27% and the family premium has increased 54.60%. You can see a drop in the rates from FY'05 to FY'06. In FY'06, Blue Cross dropped the policy Dickinson County was taking so the County took a different policy and self funded the difference between the policy the employees were offered and the policy the County paid for. The employee saw little difference in their policy and the County was able to save the taxpayers some money. Unfortunately, the County has not been able to do that same thing again without making noticeable changes in the policy the employees are offered.



December Spotlight:

Find out more about this County employee in the January issue. In the meantime, can you guess who this is?