

Department of Veterans Affairs**Office Numbers**

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| VA Regional Office - Des Moines | 1-800-827-1000 |
| Fax | 1-515-323-7407 |
| VA Medical Center - Sioux Falls | 1-800-316-8387 |
| Schedule DAV VAN | Ext. 96551 |
| Spirit Lake Clinic | 1-712-336-6400 |
| VA Medical Center - Omaha | 1-402-346-8800 |
| VA Medical Center - Des Moines | 1-800-294-8387 |
| VA Medical Center - Iowa City | 1-800-637-0128 |
| VA Medical Center - Minneapolis | 1-612-725-2000 |
| VA Medical Center - Knoxville | 1-800-816-8878 |
| VA Direct Deposit | 1-877-838-2778 |
| VA Pension Center | 1-877-294-6380 |
| VA Debt Management Center - St. Paul | 1-800-827-0648 |
| VA Home Loan Center - Winston-Salem | 1-888-244-6711 |
| VA Mammography Help Line | 1-888-492-7844 |
| VA Insurance Center - Philadelphia | 1-800-669-8477 |
| VA Educational Loans (GI Bill) | 1-888-442-4551 |
| VA TDD | 1-800-829-4833 |
| CHAMPVA - Denver | 1-800-733-8387 |
| Persian Gulf/Agent Orange Hotline | 1-800-749-8387 |

Service Organizations

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| The American Legion | 1-800-944-2039 |
| Vietnam Veterans of America (VVA) | 1-800-410-7584 |
| Disabled American Veterans (DAV) | 1-515-323-7539 |
| Paralyzed Veterans of America (PVA) | 1-800-795-3602 |
| Veterans of Foreign Wars (VFW) | 1-515-323-7546 |

State of Iowa

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| Iowa Department of Veteran Affairs | 1-800-838-4692 |
| Iowa Veterans Home - Marshalltown | 1-800-645-4591 |

Miscellaneous

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| Northwest Aging Association - Spencer | 1-800-242-5033 |
| Iowa Dental Association | 1-800-828-2181 |
| Red Cross of Iowa | 1-800-887-2988 |
| Red Cross - Spencer Office | 1-888-292-1574 |
| Upper Des Moines Opportunity | 1-800-245-6151 |
| UMDO - Spirit Lake Office | 1-712-336-1112 |

Other Federal Agencies

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| DEERS | 1-800-538-9552 |
| National Mail Order Pharmacy | 1-800-903-4680 |
| TRICARE | 1-888-874-9378 |
| Defense Finance and Accounting Service | 1-800-321-1080 |
| Casualty Notification | 1-800-712-5000 |
| U.S. Coast Guard Pay and Personnel Center | 1-800-772-8724 |
| POW Hotline | 1-800-821-8139 |
| Medicare Hotline | 1-800-638-6833 |
| Social Security Administration | 1-800-772-1213 |
| Social Security - Spencer Office | 1-712-262-5350 |